

SANTA ANA UNIFIED SCHOOL DISTRICT

BP 6142.8(a)

Instruction

Comprehensive Health Education

The Governing Board intends for health education to be part of a comprehensive district program to promote the health and well-being of students and staff. As part of this program, the Board is committed to providing for physical education, health services, nutrition services, psychological and counseling services, a safe and healthy school environment, and involvement of parents/guardians and community members. (cf. 3513.3 - Tobacco-Free Schools) (cf. 3514 - Environmental Safety) (cf. 3550 - Food Service/Child Nutrition Program) (cf. 4020 - Drug and Alcohol-Free Workplace) (cf. 4119.43/4219.23/4319.23 - Universal Precautions) (cf. 5141.23 - Infectious Disease Prevention) (cf. 5141.3 - Health Examinations) (cf. 5141.6 - School-Based Health and Social Services) (cf. 5142 - Safety) (cf. 5146 - Married/Pregnant/Parenting Students) (cf. 6142.2 - AIDS Prevention Instruction) (cf. 6142.7 - Physical Education) (cf. 6164.2 - Guidance/Counseling Services)

The Board believes that health education should foster the knowledge, skills and behaviors that students will need in order to lead healthy, productive lives. Besides understanding the process of growth and development, students should know how to obtain and use health-related information, products and services. They should learn to accept personal responsibility for their own lifelong health and to respect and promote the health of others.

The district shall provide age-appropriate health education including, but not limited to, instruction related to:

1. Family living.
2. Individual growth and development.
3. Nutrition.
4. Communicable and chronic diseases.
5. Personal health, including but not limited to, lessons that address the hazardous effects of excessive noise on hearing and ways to protect hearing.
6. Mental and emotional health.
7. Injury prevention and safety.
8. Alcohol, tobacco and other drugs.
9. Environmental health.
10. Consumer and community health. (cf. 6143 - Courses of Study)

The above content areas shall be addressed in a planned, sequential curriculum for students in kindergarten through 12th grade.

BP 6142.8(b)

Upon written request by a student's parent/guardian, a student shall be excused from any part of the health instruction that conflicts with the parent's/guardian's religious training, beliefs or personal moral convictions.

Parents/guardians shall receive notification at the beginning of each school year regarding their right to excuse students from health instruction on these grounds. (Education Code 48980, 51240) (cf. 5145.6 - Parental Notifications)

Legal Reference:

EDUCATION CODE

233.5	Duty concerning instruction of students
8850.5	Family relationships and parenting education
38085	Sale of specified food items
49413	First aid training
49490-49493	Child nutrition needs
49500	Meals for students
51201.5	Instruction on AIDS and AIDS prevention
51202	Instruction in personal and public health and safety
51203	Instruction on alcohol, narcotics and dangerous drugs
51210	Areas of study
51220.5	Parenting skills; areas of instruction
51240	Excuse from instruction due to religious beliefs
51260-51269	Drug education
51265	Gang violence and drug and alcohol abuse prevention inservice
51513	Personal beliefs
51550	Sex education courses
51553	Sex education classes; course criteria
51820	Venereal disease instruction; notifications; inspection of materials
51890-51891	Comprehensive health education programs

Management Resources:

CDE PUBLICATIONS

Health Framework for California Public Schools, 1994

WEB SITES

CDE: <http://www.cde.ca.gov>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

National Hearing Conservation Association: <http://www.hearingconservation.org>

Adopted: 12-01

Santa Ana, CA