

ADVOCATE TOOLKIT

Here are steps you can take to support comprehensive sexual health education in your school!

STEP 1: KNOW THE FACTS

It is extremely important to educate yourself on California's Education Code and the supporting research so you can be knowledgeable when talking to other people about comprehensive sexual health education.

Find information about guidelines for comprehensive sexual education and why it is important in our [Resources](#) section.

Remember that we're here to be your partner and resource, so be sure to [contact us](#) to set up a meeting, training, or just to ask a question.

STEP 2: FIND OUT WHAT'S GOING ON IN YOUR SCHOOL

To successfully advocate you must get to know your school district. We have provided a helpful search for you to [CHECK YOUR DISTRICT](#) so that you may read summaries and analysis on what your school district is teaching. You may also find who your school board members are and links to your district website where you can find out more about your school board.

You should also ask your kids about what they have been taught: what materials were used, when was it taught and who taught it? [Tell us what you find out](#) and we can help you use this information to ensure that all schools in your district are receiving appropriate and comprehensive sexual health education.

STEP 3: SHARE THE INFORMATION

Discuss the findings with other parents, guardians, and community members. Talk to parents and faculty in your district who are supportive of comprehensive sexual health education and create a coalition of concerned parents. Utilize your voice as a group to elevate the issue in your community and demand that your district adopt a comprehensive sex education policy.

If you would like to organize an information session for yourself and other interested parents/faculty please [CONTACT US!](#)

STEP 4: REQUEST A MEETING WITH THE SCHOOL

Let your school administrators know that you are concerned about the type of sexual health education in your school by requesting a meeting with the health teacher and/or principal. Present the findings about your district and ask that the discrepancy between what the school is teaching and state law be resolved. After the meeting, [tell us what you find out](#).

CONTACT YOUR SCHOOL ADMINISTRATORS!

We have provided sample talking points for you [HERE](#). This will help you start the conversation with your local teacher, principal, or district administrator.

STEP 5: REQUEST A MEETING WITH THE DISTRICT

If a meeting with school administrators does not garner a response then schedule a meeting with the Assistant Superintendent of Curriculum for your district. Invite a group of concerned parents to the meeting and request that the district implement a comprehensive sexual health curriculum that fits the guidelines for California state law. Let us know what happened during the meeting.

STEP 6: SIGN UP TO BE A PEER EDUCATOR

In the meantime, while you are meeting with school and district administrators, sign up your student to be a Peer Educator. This program trains young adults to talk openly and honestly about issues like safe dating, body image, sexuality, healthy relationships, and more. Students learn about sexual health and then work in their schools and community to help reduce teen pregnancies and sexually transmitted infections. Click here to learn more about becoming a Peer Educator.

In Orange and San Bernardino Counties

<http://plannedparenthoodosbc.org/education/peereducation.asp>

In Santa Barbara, Ventura, and San Luis Obispo Counties

STEP 7: CONTACT US

Contact us if you are facing obstacles with any of the above steps or have any questions. We can also provide you with additional information or talking points for your meetings.