

**Curricula Complying with SB 71, the
California Comprehensive Sexual Health and HIV/AIDS Prevention Act**

This chart reviews a number of curricula that are nationally recognized as “research-validated” by entities such as the CDC and the California Department of Education. These curricula have been rigorously evaluated and found to be successful in changing adolescent sexual risk-taking behaviors.¹ However, some are dedicated to HIV/AIDS prevention while others are focused on sexuality education, and none are California-specific. As a result, they do not meet every requirement of SB 71 and will need to be selectively supplemented when used in California classrooms. For guidance, this chart shows the SB 71 requirements that each curriculum does and does not meet.

Curriculum:	Reducing the Risk ^α	Making Proud Choices	Becoming a Responsible Teen (HIV) [†]	Focus on Kids ^{α†}	Making a Difference	Be Proud! Be Responsible (HIV) [†]	Safer Choices
General Requirements for both Sexual Health and HIV/AIDS Prevention Ed.							
<i>Instruction and materials are age-appropriate</i>	✓	✓	✓	✓	✓	✓	✓
<i>Available on an equal basis for ELL*</i>	✓						
<i>Accessible to and appropriate for pupils with disabilities**</i>							
<i>Appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds</i>	✓	# ^α	# %	#	#	%	✓
<i>Free of bias</i>	✓	✓	✓	✓	✓	✓	✓
<i>Factual information is medically accurate and objective</i>	✓	✓	✓ [§]	✓	✓	✓	✓
<i>Non-religious</i>	✓	✓	✓	✓	✓	✓	✓
<i>Parental notification</i>	✓		✓ ⁺⁺	✓ ⁺⁺			✓

Curriculum:	Reducing the Risk ^α	Making Proud Choices	Becoming a Responsible Teen (HIV) [†]	Focus on Kids ^{α†}	Making a Difference	Be Proud! Be Responsible (HIV) [†]	Safer Choices
Topic Requirements for both Sexual Health and HIV/AIDS Prevention Ed.							
<i>Abstinence</i>	✓	✓	✓	✓	✓	✓	✓
<i>Decision-making</i>	✓	✓	✓	✓	✓	✓	✓
<i>Encourages parent-child communication</i>	✓			✓			✓
Topic Requirements-- Sexual Health Education							
<i>Contraception</i>	✓ [§]	✓		✓			✓
<i>STD prevention</i>	✓	✓			✓		✓
<i>Law surrendering custody[*]</i>							
<i>Respect for marriage and committed relationships</i>	✓	✓			✓		✓
Topic Requirements— HIV/AIDS Education							
<i>Condoms</i>		✓	✓	✓	✓ ^{††}	✓	✓
<i>Nature of HIV/AIDS and effect on body</i>		✓	✓		✓	✓	✓
<i>HIV transmission</i>		✓	✓	✓	✓	✓	✓
<i>Public health issues</i>		✓	✓		✓		✓
<i>Local resources[@]</i>				✓			
<i>Societal views/stereotypes and compassion for people living with HIV/AIDS</i>		✓ ^{††}	✓		✓ ^{††}	✓	✓ ^{††}

¹ For information about the evaluations, see “Evidence-Based Programs” on ETR Associates’ Resource Center for Adolescent Pregnancy Prevention web site: <http://www.etr.org/recapp/programs/index.htm>.

Key:

- ✕ New editions of *Reducing the Risk* and *Focus on Kids* were released since these reviews were performed.
 - † Videos not reviewed.
 - ‡ This curriculum focuses primarily on decision-making and other behaviors; it contains less medical information than others.
 - * SB 71 allows for the use of alternate curricula to meet the needs of English Language Learner (ELL) students, as long as they are consistent with the existing curriculum and otherwise comply with SB 71 requirements.
 - ** To meet the needs of students with disabilities, instruction may require modified curricula and materials in alternative formats.
 - These are national curricula that do not have information about the law concerning surrendering custody of newborns, since this law is particular to California.
 - @ These are national curricula that do not have localized information. *Focus on Kids* has activities for students to find various resources. *Safer Choices* and *Making Proud Choices* instruct the user to find out about local resources before starting the program.
 - # Designed for use with African-American youth.
 - ↗ Designed for use with Latino youth.
 - % Not inclusive of students of all sexual orientations.
 - ++ Curriculum contains permission slip but needs modification to meet SB 71 opt-out and/or parental review requirements.
 - § Data/information needs updating.
 - †† Meets this requirement only in videos.
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For more information about these curricula and how to order them, see “Evidence-Based Programs” on ETR Associates’ Resource Center for Adolescent Pregnancy Prevention web site: <http://www.etr.org/recapp/programs/index.htm>. *Reducing the Risk*, *Becoming a Responsible Teen*, *Focus on Kids*, and *Safer Choices* are available for free preview from ETR Associates for district-wide adoption (for more information call 800-325-3048). *Making Proud Choices*, *Making a Difference*, and *Be Proud! Be Responsible* are available for purchase with a 30-day money-back approval policy from Select Media. See <http://www.selectmedia.org>. All of these curricula are also available for a free postage-paid loan from the California Healthy Kids Resource Center. See <http://www.californiahealthykids.org> or call (510) 670-4583.

Curricula reviewed for this chart by Shelly Masur, MPH, health education consultant for the ACLU of Northern California